



*Member's
Guide*

GENERAL INFORMATION

You are at The A because we believe you are of like mind. We believe you share the same core fundamentals as us – respect, integrity, and good intentions for fellow members and community.

Our community is based on trust and harmony with fellow members and supporting crew. For you to feel at home here, we request you to familiarise yourself with 'The Way of The A', a ready reckoner of sorts that delves into our culture and how it is intended to drive collaborative and inspired work, thereby allowing you to be your best possible self every minute of every day.

OPENING HOURS

Monday to Friday 7AM - 1AM

Saturday 9AM - 1AM

Sunday 9AM - 10 PM

ELEVATOR ACCESS

Main Entrance: Offices / Gym / Collaborative Zones / Social Areas.

Location: Three lift lobby past LPQ.

Time: All Day.

Evening Entrance: Bistro & Bar.

Location: Dedicated elevator located past the 'Hand of God' statue at the rear Left side. Follow the signage.

Time: 4PM onwards.

Events Entrance: For The Gallery & DICE

Location: Six lift lobby directly to the left of 'Hand of God' statue.
Follow the signage.

Time: 4PM onwards.

Parking Entrance: North Annexe Tower 2A Car Park.

Location: Level 2, Three lift lobby.

Time: All Day.

PARKING

Parking can be arranged for members on a first-come-first-serve basis. Enter One IndiaBulls Centre via Gate 4, drive past Tower 1 to arrive at Tower 2. Enter the ramp to arrive at the first parking bay entrance on Level 2. Before parking, you will need to display a valid parking permit.

Please contact **community.mumbai@theA.club** for more information.

BOOKINGS

- Meeting Room bookings can be made either directly via 'The A Insider' app or at the Alcove's reception. Booking via the mobile app is preferred.
- Spa bookings, personal training, and fitness assessments can be made at reception.
- For Bistro & Bar reservations, contact **dining.mumbai@theA.club**
- To book an area for a private event, contact **eventsales@theA.club**
- To book a seat at one of our community-building events of 'The A to Z', contact the front desk.

CONTACTS FOR INQUIRIES

- For General Information: **community.mumbai@theA.club**
- For Bistro & Bar Reservations: **dining.mumbai@theA.club**
- For Event Space Bookings: **eventsales@theA.club**
- Want to partner with us? For Alliances and Marketing: **partner@theA.club**

HOUSE RULES

GUESTS

Members are permitted to entertain 5 guests up to 6 PM and 8 guests after 6 PM to The A. A member's guests may not enter the club without the member being present and must exit the premises along with the member. If a non-member is meeting a member at The A, all guests must receive an official invite to enter which will need to be produced at the front desk.

DRESS CODE

Smart casual is how we like to dress at The A. However, you're welcome to dress as you please, simply refraining from trainers, unless you are hitting the gym. May we add, we discourage fitness wear outside of the gym.

BEHAVIOUR

All members and their guests must act in an appropriate manner whilst at The A. By this we mean that abusive or threatening behaviour towards employees or other members will result in immediate termination of membership. At The A, respect is earned both ways.

We work without ego and expect our members to do the same. You can address our staff and team by their first names, and hopefully they can do the same with you. We are about equality, after all.

DRUGS

Drugs are forbidden at The A and we reserve the right to search any and all members on entering The A, as this is our prerogative. Please note that any drugs found on a member or seen using will result in confiscation of the drug and immediate termination of membership, whether individual or joint. If a corporate then the individual will be terminated with reasons supplied to the Corporate Account Holder.

DISTURBANCE

Members are requested to respect other members' personal space and work flow. If listening to music, watching a podcast or video, please do so with the use of headphones. Please understand that a member wearing headphones is a signal for 'DO NOT DISTURB'. We all apply the same to the usage of phones. Please use our private calling pods or step into an empty room to make a phone call.

CAMERAS / RECORDING DEVICES

We request that no pictures or videos are taken during member-only events or in member spaces. The A is a private members' only club and we would like to respect the privacy of members by controlling what is shared on any digital media platform.

PRESS / SOCIAL MEDIA

Since we are a members' only club, privacy is of utmost importance at The A hence we hold a no-press policy, i.e., members are not permitted to disclose on social media, any information pertaining to other members. Live streaming of any kind, including but not limited to live tweeting and Facebook live, are prohibited.

LIABILITY

The A, Employees or agents shall not be held responsible for any loss, damage, or injury suffered by the member or their property, howsoever caused within the premises.

FOOD & BEVERAGE

Please refrain from bringing any outside food or beverage unless medically necessary.

PRIVATE HIRE & HOUSE MAINTENANCE

We may at times close all or part of The A to members and their guests for private events or for necessary maintenance, repair or redecoration work.

Where we close part of The A for private events, please honour and respect the privacy of all private events occurring in The A and refrain from communicating any information about the event to third parties in any medium.

Where all or part of The A is closed for maintenance, repair or redecoration work, or where we need to withdraw facilities for safety reasons, we will seek to ensure that any such area, facility or service is reinstated as soon as possible.

ENTERING / EXITING

On entering or exiting the club, please respect the comfort of our neighbours and keep noise to a minimum.

BODYSPACE (7AM - 10PM)

- Please shower before using the fitness area or before any class.
- If using weights, discs, or loose equipment, please place it back in its correct place after use.
- Please use the sanitizer spray and paper towels that are provided to wipe down machines after use.
- When training, please try not make any loud noises.
- When in the fitness area, please wear appropriate gym clothing.
- Lockers will be emptied at night and any equipment left in the lockers will be placed in lost property for collection. All lost property will be kept for a maximum of two weeks.
- Before using the fitness area for the first time, you will need to have a fitness assessment with one of our professional trainers. They will check blood pressure during this process. If a trainer requests that you acquire a doctor's sign off before training commences, please respect the decision.
- Gym wear should not be worn in other areas of the club and a member must be showered after a workout if using other facilities at The A.

CHANGING AREAS

- All lockers must be emptied at the end of your session. All locked lockers are opened at the end of the night and any possessions found inside will be placed in lost property and kept for two weeks before being given away/disposed of.
- Please place all used towels in the towel bins provided.

- Once showered, please dry off in the shower area before walking into the locker area.
- Please use flip flops in the shower area.

IYASHI DÔME

- In addition to fitness equipment, personal training, and massage treatments, The Bodyspace also features a state-of-the-art Iyashi Dôme. The Iyashi Dôme is a proven natural way of restoring balance to the body at a deep level and establishing a feeling of harmony and general wellbeing by eliminating toxins that tend to weaken the body's natural defenses.
- To book your session in the Iyashi Dôme, please contact reception.

THE EXCHANGE

(Drawing Room / Pro-working / Spanish Steps / Private Pods).

When using these areas, we request that you maintain the essence of private and personal space. When a member is clearly "in their zone" please do not disturb them.

- Sitting at a desk with a laptop out, and possibly headphones on, means 'please do not disturb'.
- Confrontational or argumentative situations will not be tolerated as it disturbs creative thought as well as other members.
- After the morning buzz from the espresso at the Brew Lab and pleasant networking, please keep noise to a minimum.
- If receiving or making a phone call please try and speak quietly or move to one of the private pods provided.

- Please keep phones on silent when at The A.
- The Spanish Steps will at times be used for pre-booked discussions or talks. Outside of these times they are free to be used as a space for work or leisurely 'hang' zone.

DICE

DICE, our Virtual Reality Zone, is a compact space so we request you to use the facilities in silence so as to not disturb other members in the area.

- We request you to treat the equipment with utmost care.
- Should you face any trouble with the facilities at DICE, please contact tech support immediately and refrain from trying to resolve the issue yourself.
- We discourage the consumption of food and drinks at DICE, as it poses a risk to the equipment in the area.

THE A INSIDER

The 'A Insider' is our very own mobile app that makes connecting with other members, booking meeting rooms and staying updated on our event calendar happen easily. Using The A Insider allows you to access information on events, talks, workshops, debates, open mics, and performances as part of 'The A to Z' - our proverbial school and storehouse of knowledge and experience. The A Insider is also your one stop solution to keeping track of your membership usage, invoices, payments, as well as a gateway to our content platform, member network and partner privileges.

You can download The A Insider app on Google Play Store (Android) and the Apple Store (iOS).

